

# WEEK ONE

## MENU KEY



- IM VEGAN!



- ADDED PLANT POWER

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

#### MAIN #1



**Crunchy Crouton  
Mac & Cheese**

**Pork, Beef or  
Chicken  
Enchilada  
(choose one)  
with Rice**



**Roast Gammon,  
Roast Beef or  
Roast Turkey  
(choose one), New  
Potatoes, Seasonal  
Vegetables &  
Gravy**



**Jerk Chicken  
with Rice and  
Peas and  
Pineapple  
Slaw**

**Chip Shop Fish  
or Sausage with  
Chips, Mushy  
Peas and Gravy/  
Curry Sauce**

#### MAIN #2



**Bang Bang  
Cauliflower Mac &  
Cheese**

**Quorn Chilli  
Loaded  
Wedges**



**Roasted  
Vegetable  
Filo Pastry Tart  
with New  
Potatoes &  
Seasonal  
Vegetables**



**Curried Squash,  
Sweet Potato &  
Butterbean Stew with  
Rice and Peas &  
Pineapple Slaw**

**Chip Shop Vegan  
Sausage with  
Chips, Mushy  
Peas and Gravy/  
Curry Sauce**



#### HAND HELD

**Chicken Wings**

**Sausage Roll**

**Chicken Wrap**

**Bacon & Cheese  
Flatbread**

**Veggie Pitta Pizza**

#### BOWLED OVER

**Rice Bowl**

**Pasta Kitchen**

**Vegetarian  
Noodle Street**

**Loaded Nachos**

**Pasta Kitchen**

#### MODERN BAKERY

**Pineapple Upside  
Down Cake**

**Chocolate Crunch  
Cake**

**Summer Fruit  
Crumble with  
Custard**

**Warmed Jamaican  
Ginger Cake with  
Ice Cream or  
Custard**

**Iced Sponge Cake**

#### SUPER SPUDS

DON'T FORGET ABOUT OUR  
BAKED POTATOES WITH A  
VARIETY OF TOPPINGS FOR  
YOU TO CHOOSE FROM!

#### SOUP STATION

COME AND TRY OUR  
HOMEMADE SOUPS,  
AVAILABLE DAILY!

#### ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF  
YOU HAVE AN ALLERGY AND NEED TO KNOW  
WHAT'S INSIDE OUR FOOD DISHES. THEY  
WILL ADVISE YOU OF YOUR AVAILABLE  
CHOICES.

**caterlink**  
feeding the imagination

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#### MAIN #1

Vegetable Chow Mein



Chicken Souvlaki with Greek Salads

Sausage and Red Onion Chutney Hot Baguette with Roasted New Potatoes



Chicken Tikka Masala with Rice



Breaded Fish, Chips & Garden Peas

#### MAIN #2

Sweet and Sour Vegetables with Rice



Feta, Honey and Spinach Parcel with Greek Salads

Vegan Sausage and Red Onion Chutney Hot Baguette with Roasted New Potatoes



Sweet Potato, Chickpea & Spinach Curry with Rice



Cheese and Leek Frittata with Chips and Garden Peas

#### HAND HELD

Selection of Paninis

Sausage Roll

Chicken Wrap

Bagel Pizza

Chicken Quesadilla

#### BOWLED OVER

Rice Bowl

Pasta Kitchen

Noodle Street

Pasta Kitchen

Loaded Nachos

#### MODERN BAKERY

Chocolate Sponge Pudding

Custard Tart with Mixed Berry Compote

Sticky Toffee Apple Crumble and Custard

Jam and Coconut Sponge

Oaty Flapjack



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WEDNESDAY

THURSDAY

FRIDAY

### MAIN #1

Crunchy  
Topped Tomato  
Pasta Bake with  
Roasted  
Vegetables



THE MEXICAN KITCHEN

Spicy Mexican  
Chicken with Rice  
and Sides

Beef Lasagne with  
Garlic Bread  
and Salad



FIESTA  
ESPANOL

Chicken Paella  
with Patatas  
Bravas and Salads

Fish and Chips  
with Garden  
Peas or Baked  
Beans

### MAIN #2

Vegetarian  
Toad in the  
Hole with  
Mashed  
Potatoes &  
Gravy

THE MEXICAN KITCHEN

Vegan Chilli with  
Rice and Sides



Vegetable Ragu  
with Garlic Bread  
and Spaghetti



FIESTA  
ESPANOL

Spanish Tortilla  
with Patatas  
Bravas and  
Salads

Vegetarian  
Burger and  
Chips with  
Garden Peas  
or Baked  
Beans



### HAND HELD

Selection of  
Wraps

Pitta Pizza

Chicken Wrap

Selection of  
Paninis

Sausage Roll

### BOWLED OVER

Rice Bowl

Pasta Kitchen

Rice Bowl

Noodle Street

Pasta Kitchen

### MODERN BAKERY

Chocolate Orange  
Cookie



Apple Pie  
with Cream

Fruit Muffins

Peach Cake

Chocolate  
Brownie

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