Welcome to The Umbrella Group

We are a parent led support group, for parents of children and young adults with **ASD** which has been running for 13 years. We are known as **The Umbrella Group,** with its connotations of protection and covering a wide spectrum of behaviours which all come under the same umbrella of autism. We normally meet once a month on the 4th Saturday during the Academic year but meetings can be rescheduled to alternative Saturdays to accommodate speakers and avoid school holidays. We also have coffee mornings in Christchurch and may soon have them in Poole too!

If you wish to attend or would like more information, please contact –

Email -> Theumbrellagroupbh@gmail.com
Mobile -> **Clare Lockyer** on **07450 210911**
Facebook -> https://m.facebook.com/groups/312179982770667?ref=share

Autism Unlimited -> Shares resources and provides information to help parents to connect to other services that have the authority to advise them. https://www.autism-unlimited.org/support/book-a-call/

Please note the Umbrella meetings are for parents and carers only unless otherwise specified

Venue The Pool room at **Portfield School**, Parley Lane, Hurn, Christchurch BH23 6BP
Day Usually 4th Saturday of the month but occasionally changes due to school holidays and Guest speakers' availability.
Time 10-1230 am approximately. Please note our meetings often over-run to give parents chance to chat with each other but parents can leave at any time for their own convenience
Cost **£**1 donation for refreshments and administration.

ASD support for parents and carers
10am -1230 Portfield School

Future Umbrella Group meeting dates

2026
Saturday September 26th
1000-1230
Refreshments and chat

Bring any ASC related books, SEN toys, sensory items you would like to sell, donate or share

Opportunity to meet other parents of children with ASD and associated conditions

Saturday October 17th
1000 -1230
Emotional Regulation practical session with Q and A

Laura Lane - trauma-informed Pilates Therapist, Somatic Experiencing Practitioner
About Laura Lane Pilates Therapy | Somatic Experiencing | Christchurch

Saturday November 28th
1000 -1230
Topic to be confirmed

Joe Phillips - Co–Founder and Director of The Senses Project
www.thesensesproject.co.uk

Saturday December 12th *

Umbrella Group Pre-Christmas gathering

Umbrella group meeting dates 2027

Saturday January 23rd

1000 -1230

AuDHD

Cassandra Pollitt – Principal of Cambian Wing College
Chelsea Hicks - Behaviour Support Lead Cambian Wing College

Saturday February 27th
Saturday March 20th

Saturday April 24th
Saturday May 15th
Saturday June 26th



Umbrella Group Coffee Mornings

The Umbrella group also has coffee mornings on an informal basis in Christchurch for parents and carers of children and young people with ASD.

When: First Wednesday of the month unless otherwise specified
Venue: Café Arcado, 71, High St, Christchurch BH23 1AS.
Time: 1030 -1230 approx

arcado@thelounges.co.uk

Upcoming Umbrella coffee mornings

Wednesdays
9th September
7th October
4th November

We normally occupy the back table near the toilets. There are several car parks nearby and sometimes you can park on the roads but they tend to be time restrictive. The nearest one is Wick Lane carpark 1 Regent Way Christchurch BH23 1HT