

IN SEASON: BUTTERNUT

DECEMBER



FESTIVITIES!

ALL
THROUGH
DECEMBER!



caterlink
feeding the imagination

SOUP AND SANDWICH FOR JUST £2!

AVAILABLE NOW

MEAL DEAL **SOUP AND SANDWICH**

SOUP AND A SANDWICH FOR ONLY £2*



caterlink
feeding the imagination

© caterlinkltd.co.uk

caterlink
feeding the imagination

OUR BANANAS ARE FAIRTRADE

AVAILABLE NOW

OUR *Bananas* ARE FAIR TRADE

BANANAS CARRYING THE FAIRTRADE MARK HAVE BEEN PRODUCED BY SMALL FARMER ORGANISATIONS OR PLANTATIONS THAT MEET FAIRTRADE SOCIAL, ECONOMIC AND ENVIRONMENTAL STANDARDS

FAIRTRADE WORKS TO SUPPORT BOTH BANANA FARMERS AND WORKERS EMPLOYED ON PLANTATIONS.

FULL OF NUTRIENTS - ESPECIALLY POTASSIUM, CALCIUM, MAGNESIUM, IRON, FOLATE, NIACIN, B6, MANGANESE

EXTREMELY HIGH IN POTASSIUM YET LOW IN SALT, MAKING IT THE PERFECT WAY TO BEAT BLOOD PRESSURE

HIGH IN FIBRE

EASY TO DIGEST

HIGH IN IRON AND HELP TO REDUCE ANEMIA

caterlink
feeding the imagination

© caterlinktd.co.uk

caterlink
feeding the imagination

MEAL DEAL

CHECK OUT OUR MEAL
DEAL!
HOT MEAL & SIDE &
DESSERT!



**MEAL
DEAL**

BUY ANY HOT MEAL, SIDE
AND DESSERT FOR ONLY

£2.30

caterlink
feeding the imagination

© caterlinktd.co.uk

caterlink
feeding the imagination