

# LUNCH WEEK

31<sup>st</sup> October, 21<sup>st</sup> November, 12<sup>th</sup> December, 16<sup>th</sup> January, 4<sup>th</sup> February



1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Classic Macaroni  
Baked in a rich Cheese Sauce and cooked to perfection

Jerk Sausages  
Served with Chive mashed potato, roasted carrots & gravy

Chicken Pie  
Served with baby potatoes & Broccoli

Chicken Coronation Curry  
Served with rice & mango chutney

Battered Fillet of Fish  
served with chips, garden peas or beans & tartare sauce

MAIN MEAL #TWO

A choice of meat & veggie toppers, served with house salad & coleslaw

Plant Based Vegetable Wellington, served with mashed potato, roasted carrots & gravy

Red Pepper & Cheese Frittata  
Served with baby potatoes & Broccoli

Butternut Squash, Chickpea & potato curry  
Served with

Chefs Americas Tex Mex Tacos  
Served with chips & Peas

HANDHELD

Ham & Cheese Panini

Chicken Wrap

Cheese & Onion Panini

Jumbo Hotdog

Pepperoni Panini

BOWLED OVER

Street Chicken Noodles

Herby Tomato Pasta

Loaded Wedges

Loaded Nachos

Tomato Meatball Pasta

HOT PUDDING

Lemon Drizzle Sponge

Creamy Rice Pudding

Apple & Cherry Oaty Crumble

Shortbread

Chocolate & Banana Sponge

There is also a daily selection of sandwiches, baguettes, wraps and salads available. Our hot puddings will be complimented with a range of cold desserts etc.

**caterlink**  
feeding the imagination

**meal DEALS** £0.00

JACKET STATION

Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

**ALLERGIES**

PLEASE SPEAK TO OUR STAFF MEMBERS IF YOU HAVE ANY ALLERGIES AND NEED TO KNOW WHAT IS WITHIN EACH OF OUR DISHES. THEY WILL ADVISE YOU ON YOUR AVAILABLE FOOD CHOICES.

**COMING SOON**

**Bowled Over**

Pasta / rice / noodles served daily with different toppings!

**VEGAN OPTIONS AVAILABLE DAILY!**



# LUNCH WEEK

7<sup>th</sup> November, 28<sup>th</sup> November  
3<sup>rd</sup> January, 23<sup>rd</sup> January



2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Hearty Meatball Goulash  
Served with herby rice & sauté green beans

Marinated Chicken thigh or drumstick  
Served with spicy rice & slaw

Roasted Gammon  
Roast Potatoes  
Seasonal vegetables & Gravy

Stir fry Turkey in soy & Ginger with Noodles  
Served with prawn crackers

Breaded Fish Fingers  
served with chips, garden peas or beans & tartare sauce

MAIN MEAL #TWO

Wholewheat Vegetable Pasta Bake  
Served with sauté green beans

Classic Ratatouille  
Served with spicy rice

Smokey Vegetable Enchilada  
Served With Coleslaw

Black Bean Noodles & Stir Fried Vegetables

Vegan Bolognaise  
Served with spaghetti & garlic bread

HANDHELD

Authentic Pizza Slice

Half Cheese & Tomato Bagel

Authentic Pizza Slice

Cheese & Tomato Panini

Ham & Cheese Folded Naan

BOWLED OVER

Herby Tomato Pasta

Cheesy Pasta

Sweet Chilli Noodles

Vegetable Chilli & Rice

Loaded Nachos

HOT PUDDING

Chocolate & Kidney bean muffin

Syrup Sponge

Plum Crumble

Vanilla Sponge

Oatmeal Cookie

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**meal Deals** £0.00

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# LUNCH WEEK

14<sup>th</sup> November, 5<sup>th</sup> December  
9<sup>th</sup> January, 30<sup>th</sup> January



3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Chicken Jambalaya Served with Latin salad & Nachos



50% plant based Cottage Pie Served with green cabbage & buttered swede

Pork Casserole, Potatoes, & carrots.



Piri Piri Chicken Strips Khobez wrap, Salads & Sauce options.

Breaded Fishcake served with chips, garden peas or beans & tartare sauce

MAIN MEAL #TWO

Ramirez Wrap served with latin salad & nachos



Chickpea & Vegetable hot pot



Macaroni Cheese Bake topped with Crispy Sage Stuffing



Falafel & Hummus Khobez wrap, salads & sauce options



Quorn Mince Lasagne Served with chips and Peas



HANDHELD

Hot filled Baguette

Chicken Burger



Tomato & Cheese Panini

Authentic Pizza Slice

Bbq Chicken Wrap

BOWLED OVER

Tomato & Mascarpone Pasta



Soy Vegetable Noodles



Loaded Nachos



Herby Tomato Pasta



Sausage & Chips



HOT PUDDING

Cinnamon nachos & chocolate sauce

Oaty Flapjack

Bread & Butter Pudding

Sticky toffee apple crumble

Pancake & Cherry sauce

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